I’m going to tell you about the most overlooked cause of vertigo and balance problems.

Are you ready?  
The most overlooked cause is......an Autoimmune attack.

What that means is your immune system is mistakenly attacking different parts of your brain. It’s causing you to have the symptoms of vertigo, imbalance and disequilibrium—sometimes even having eye movements that are abnormal.

There’s a fantastic study that was just published in October about autoimmune causes of vertigo, Meniere’s and balance problems. Here’s what they found.

I want you to read this very closely....

An autoimmune attack is the cause for six percent of people that have Meniere’s in one ear.

That means six out of a hundred people that have Meniere’s disease actually have an autoimmune condition...and all the rehab that you want to do and all the drugs you want to take for it aren’t going to help it...because it’s an immune system problem.

I hope that’s sinking in. I’m going to say it again.

Six percent of people that have Meniere’s in one ear probably have it because they have an autoimmune condition. Their immune system is attacking their inner ear. So, all this vestibular rehab you what to do, which of course, I do, all the medications you want to take or the advice to just kind of live with it— it’s bogus. It’s not gonna help it.

You have to work on the immune system and getting it balanced back if you’re ever ever going to feel good again.

Okay, now that was just for Meniere’s in one ear. Now, for people that have Meniere’s in both ears, the autoimmune attack is even higher. It’s 16 percent of cases. So, 16 out of 100 people that have Meniere’s in both ears, they’ve probably got an autoimmune condition.

What someone’s finally saying is that lots and lots of people have vertigo and balance problems...and they’ve got autoimmune conditions.

Now, I’ve been saying that for a long time, and of course, I don’t have the millions of dollars to do all this research,---but if you know someone that’s suffering with vertigo, Meniere’s Disease, plain old disequilibrium. It’s got to be checked.

I’ll give you a hundred bucks if you can find somebody in your doctor’s circle that has read this study. I’m serious. I’ll give you $100.00.

The study goes on to say that the autoimmune attack is often overlooked due to the absence of specific diagnostic tests.

Well, I got news for those guys. We do have specific diagnostic tests. It’s called a Functional Immune System Evaluation.

I do it on just about everybody in my practice because the immune system is a huge factor. If I told you how many people have autoimmune conditions (or shall I say, functional autoimmune conditions)-- it would scare the pants off you. It would terrify you to know how common these are.

People that have chronic vertigo, imbalance, Meniere’s... they’ve got to be checked for autoimmune. They have to be checked or they’re never going to get better.

The immune system and autoimmune is a huge overlooked factor in people that are suffering with vertigo, Meniere’s Disease, plain old disequilibrium. It’s got to be checked.

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