

Drug Companies Fake Female Hormone Studies

Big surprise. Big Pharma had been using ghostwriters to write scientific research papers.

It just goes to show why I hate the fact that drug companies are able to advertise directly to consumers.

I don't know if you know this, but we're really the only one of two countries in the world that allow this practice. Every other country in the world says "Not so much. I don't think that's a good idea" because the person watching TV is not a doctor.

They're not trained. So when they walk in a say, "Well, I want this medication I saw," they're playing doctor. The advertisement is playing doctor, and we're one of two countries in the world that allow that to happen, and that just boggles my mind.

But here's another reason why we shouldn't allow direct to consumer drug advertising...

Ghostwriters. The drug company hired somebody who's a writer to write these research papers and write these results.

And what was the topic? Hormone Replacement Therapy.

Hormone replacement as a model for health care is about 50 years old---and it doesn't work.

I do not use replacement model. I use Functional Endocrinology. I'm going to analyze your function, not just symptoms.

Why? Because there's many possible reasons why you can have the symptoms of an estrogen deficiency or a progesterone problem. Just blindly giving you a hormone (or a bio-identical hormone) completely glosses over and misses the point.

Let's take progesterone creams--which are one of the worst things you could ever do to yourself. Now, I know you say, "Oh, they work." They work, but at the expense of the rest of your body.

When you use a progesterone cream, it loads up into your fat cells, and it's gonna stay there. The progesterone receptors--little antennae that are looking for progesterone--they get overloaded and they shut down. This is why 99 percent of the people that take progesterone creams and use them have to up their dosage and up their dosage and up their dosage for it to have the same effect.

I cringe when I see that on someone's history when they come in. Someone's suffering with menstrual irregularity or menopause problems or perimenopause, and I find that they've been on progesterone creams. That's going to be a tough case. I can still help them, but it's a tough case.

I'll bet one of the reasons Big Pharma probably used these ghostwriters was the fact that ...the replacement model sucks.

It's not a good model for health care.

Q: "So what do we do to get the public and doctors to use our ineffective crap?"

A: "Let's publish a lot of papers that make everything sound good, and we'll get doctors to prescribe this stuff and we'll get people -- patients who aren't educated, who aren't doctors -- we'll just speak to them about symptoms and show them pictures of people on the beach after they've used these things and then everything will be great. We'll make a trillion dollars."

I'm sick of that whole model. I literally get a bitter taste in mouth when I see ads for hormone replacement drugs.

If you're suffering with menstrual problems, perimenopause, hot flash problems, infertility, PCOS...

...please **do not use progesterone creams and don't do hormone replacement.**

Instead, take the Functional Endocrinology approach.

Let me give you an example...

If you have polycystic ovarian syndrome (PCOS), or you're infertile, you're having trouble maintaining a pregnancy... you can do a 30-day hormone cycle map that will de-mystify your problem. It can literally "pull back the curtain" and show why you have these frustrating problems. And what you can do to help them naturally.

NOTE: A "lack" of estrogen or a "lack" of progesterone is often the very last thing that to cause PCOS, infertility or menstrual problems. Most of the time, the cause is abnormal blood sugar regulation, insulin surges and auto-immune attack on the ovaries. (your doctors would never know if they don't look for it.)

If this is what's happening with hormone replacement therapy, what other areas do you think have been using fake studies? Thyroid medication? Arthritis medication? Cholesterol medication?

If it's happened in one area, it's happening in others.. I just hope that you and I are smart enough to avoid those traps and take a functional approach,-- get to the root of the problem.